

Elmora Youth League - *Founded 1974*

*Beginning our 38th consecutive year serving
the youth of the Elmora area*

League Presidents

74 Eugene Ahern	75 Pat O'Lear	76-77 Jack Costello
78 Carmine Liotta	79-80 Guy Mastroianni	81 Bernard McNamee
82-84 Joe Randazza	85-86 Bill Malone	87 Michelo Naturile
88 <i>Missing league book</i>	89-90 Bill Malone	91 Harry Hubert
92 Gus Carreto	93-98 Joanne Jones	99-05 Ralph Abbate
06 Chris Burd	07 Alvin Vega	08 Stan Bell Jr.
09-12 Victor Alvarez	13-16 Rick Adase	17-19 Manny Medina

We are still looking for the **1985, 1986** and **1988** league books or any information that you may have. Please contact Ralph Abbate at rabbate@aol.com and we will make copies for our archives.

We thank all of our sponsors over the years for their generous support.

The following sponsors have been continuously supporting Elmora Youth League.

Sponsor Since 1974 August F. Schmidt Memorial Funeral Home	
1976 PBA #4	1977 FMBA#9 Elmora Healthcare
1997 St. Benedict Society	2000 Allegra Print & Imaging Matos Orthodontics

Elmora Youth League - Ethics Committee: Policy Guideline 1.0
THE FUNDAMENTALS OF SPORTSMANSHIP

GAIN AN UNDERSTANDING AND APPRECIATION FOR THE RULES OF THE CONTEST.

Know the rules. If you are uninformed, refrain from expressing opinions on officials or coaches. The spirit of GOOD SPORTSMANSHIP depends on conformance to a rule's intent as well as to the letter of a given rule.

EXERCISE REPRESENTATIVE BEHAVIOR AT ALL TIMES.

The true value of Little League competition relies upon everyone exhibiting behavior which is representative of a sound value base. Your behavior influences others whether you are aware of it or not.

RECOGNIZE AND APPRECIATE SKILLED PERFORMANCES REGARDLESS OF AFFILIATION.

Applause for an opponent's good performance displays generosity and is a courtesy that should be regularly practiced. This not only represents GOOD SPORTSMANSHIP but also reflects a true awareness of the game by recognizing and acknowledging quality.

EXHIBIT RESPECT FOR THE OFFICIALS

Officials of any contest are impartial arbitrators who are trained and who perform to the best of their ability. Mistakes by all those involved in the contests are a part of the game. The rule of GOOD SPORTSMANSHIP is to accept and abide by the decisions made by the umpire. This is critical for young athletes to learn for later applications in life.

DISPLAY OPENLY A RESPECT FOR THE OPPONENT AT ALL TIMES.

Opponents should be treated cordially and accorded tolerance at all times. Be a positive representative for your team and family. This fundamental is the Golden Rule in action.

DISPLAY A PRIDE IN YOUR ACTIONS AT EVERY OPPORTUNITY.

Never allow your ego to interfere with good judgment and your responsibility as a League representative. Regardless of whether you are an adult, player, coach, or official, this value is paramount since it suggests that you care about yourself and how others perceive you.

Elmora Youth League - Ethics Committee: Policy Guideline 1.0

CONDUCT GUIDELINES AND BEHAVIOR EXPECTATIONS

THE COACHES

- Exemplify the highest moral character, behavior and leadership, adhering to strong ethical and integrity standards. Practicing good citizenship is practicing good sportsmanship!
- Respect the integrity and personality of the individual athlete.
- Abide by and teach the rules of the game in letter and in spirit.
- Set a good example for players and spectators to follow--please refrain from arguments in front of players and spectators; no gestures which indicate an official or opposing coach does not know what he or she is doing or talking about; no throwing of any object in disgust. Shake hands with the officials and opposing coaches before and after the contest in full view of the public.
- Respect the integrity and judgment of game officials. The officials are doing their best to help promote athletics. Treating them with respect, even if you disagree with their judgment will only make a positive impression of you and your team in the eyes of all people at the event.
- Display modesty in victory and graciousness in defeat.
- Instruct participants and spectators in proper sportsmanship responsibilities and demand that they make sportsmanship the No. 1 priority.
- Develop a program that rewards participants and spectators for displaying proper sportsmanship and enforces penalties on those who do not abide by sportsmanship standards.
- Be no party to the use of profanity, obscene language or improper actions.

THE ATHLETES

- Accept and understand the seriousness of your responsibility, and the privilege of representing your league and the community.
- Live up to the standards of sportsmanship established by the league and the coaching staff.
- Learn the rules of the game thoroughly and discuss them with parents, fans, and other players. This will assist both them and you in the achievement of a better understanding and appreciation of the game.

Elmora Youth League - Ethics Committee: Policy Guideline 1.0

THE ATHLETES *(Continued)*

- Treat opponents the way you would like to be treated, as a guest or friend. Who better than yourselves can understand all the hard work and team effort that is required of your sport?
- Wish opponents good luck before the game and congratulate them in a courteous manner following either victory or defeat.
- Respect the integrity and judgment of game officials. The officials are doing their best to help promote you and your sport. Treating them with respect, even if you disagree with their judgment, will only make a positive impression of you and your team in the eyes of the officials and all the people at the event.

SPECTATORS

- Remember that you are at the contest to support and yell for your team and to enjoy the skill and competition, not to intimidate or ridicule the other team or its fans.
- Remember that baseball is a learning experience for young athletes and that mistakes are sometimes made. Praise athletes in their attempt to improve themselves as athletes and as people as you would praise a student working in the classroom.
- Learn the rules of the game, so that you may understand and appreciate why certain situations take place.
- Show respect for the opposing players, coaches and spectators. Treat them as you would treat a guest in your own home.
- Respect the integrity and judgment of game officials. Understand that they are doing their best to help promote the athlete, and admire their willingness to participate in full view of the public.
- Recognize and show appreciation for an outstanding play by either team.
- Refrain from the use of any controlled substances (alcohol, drugs, etc.) before, during and after the game on or near the site of the event (i.e. tailgating).
- Use only cheers that support and uplift the teams involved.
- Be a positive role model at events through your own actions and by censuring those around you whose behavior is unbecoming.

Elmora Youth League - Zero Tolerance Policy

Pursuant to action taken by the Ethics Committee as resolved by the Elmora Youth League Executive Board on April 18, 2001, the following penalties and procedures are instituted:

1. Any manager, coach or player who is ejected from a game is immediately suspended from the following scheduled game. The offending party is further directed to appear before the Ethics Committee within 48 hours and explain his or her conduct. At that time additional penalties may be imposed at the discretion of the Ethics Committee.
2. Any manager, coach or player accused in written form of gross misconduct may be suspended from all baseball/softball/basketball activities. This suspension would continue throughout the investigation process. Upon written report of gross misconduct, the Ethics Committee shall convene within 48 hours to investigate the complaint. The Ethics Committee shall forward their findings to the Executive Board within 24 hours of their meeting. At no time shall 72 hours pass between receipt of the written complaint and action by the Executive Board if at all possible.
3. Depending on the nature of the misconduct, the Ethics Committee may recommend suitable punishment up to a suspension for a full season or a lifetime ban subject to repeat offenses.
4. Any spectator accused in written form of gross misconduct may be subject to the above investigation process. Depending on the nature of the misconduct, the Ethics Committee may recommend suitable punishment up to a suspension for a full season or a lifetime ban subject to repeat offenses at all EYL sanctioned activity within the Thomas J. Hanratty Complex or any other EYL sanctioned sport or activity.

Manager and Coach Responsibilities

1. **To attend Coaches Meetings** conducted by your division coordinator.
2. **To conduct at least 2 practices per week.** Arrange your practice schedule with your coaching partners. Usually, most teams practice once on weekends and once during the week. The times and days are up to you. Field 6, 7 and 10 may be available to EYL coaches for practice, whenever there is no EYL game scheduled. Contact Schedule@ElmoraYouth.com for a copy of the UC field permit.
3. **To Report all injuries to the Safety Officer and Insurance Coordinator.** All injuries and/or accidents during games or practices must be reported to the Safety Officer (Mark Weis 908 337-6105) within 48 hours. Injuries, which may seem minor at the time, may develop into something major. Play it safe and report the injury. See page 3 for details.
4. **To have Team at Field on Time** – Coaches and players are expected at the field for a game 30 minutes prior to scheduled game time, rain or shine. **RAIN OUTS CAN ONLY BE CALLED AT THE FIELD AT GAME TIME BY THE COACHES OF BOTH TEAMS IN CONJUNCTION WITH THE BOARD MEMBER ON DUTY.** If a hard rain cancels the entire day's games, your division coordinator will contact the team manager.
5. **To Prepare for Games**
 - a. Make Chalk batters box and foul lines *If Necessary*
 - b. Complete line-up card with starting pitcher name circled, and present it to home plate umpire.
 - c. Assign parent or players to operate scoreboard
6. **To keep players in dugout during the game** – Players are to leave the dugouts only to visit the bathroom and to play the game. Players should be reminded to visit the bathroom prior to game to eliminate visits during game. No visits to the refreshment stand are allowed. Players and/or Coaches should supply their own water. Players outside of dugouts are subject to injury from hit or thrown balls. In addition, family or friends are not allowed to visit players on the field or in the dugout.
7. **After the game, (1) Rake the Field after the game; (2) Return all equipment to the field shed (Rakes, Scoreboard keypads, shovels)** – All dirt areas must be raked smooth after every game by all coaches, win or lose. Caution: Never rake the dirt (clay) onto the grass areas. The mixture of infield dirt will kill the grass.
8. **To clean up the dugout after each game** – Be sure all your player's belongings are accounted for, and with their help, pick up the area.
9. **To Return Equipment to Division Coordinator** at the end of the season.

Parents Responsibilities

1. Let your child choose to play Little League and to quit if he or she does not enjoy baseball. Encourage participation, but don't pressure.
2. Understand what your child wants from participating in Little League and provide a supportive atmosphere for achieving these goals.
3. Set limits on your child's participation in baseball. You need to determine when she or he is physically and emotionally ready to play and to insure that the conditions for playing are safe.
4. Make certain your child's coach is qualified to guide your child through the Little League experience.
5. Keep winning in perspective by remembering Athletics First, Winning Second. Instill this perspective in your child.
6. Help your child set realistic goals about his or her own performance so success is guaranteed.
7. Help your child understand the experiences associated with competitive sports so she or he can learn the valuable lesson sports can teach.
8. Discipline your child when he or she misbehaves, breaks the rules, or is uncooperative or uncontrollable.
9. Turn your child over to the coach at practices and games, and avoid meddling or becoming a nuisance.
10. To notify your team's manager when your child cannot attend a game or practice. It is a good idea to give your manager at least 48 hours notice when you expect to miss a game.

(Items 1 to 9 from WWW.LittleLeague.Org)

Insurance

Damage to Cars: All spectators park their cars at their own risk! This applies to the Hanratty Complex as well as in Warinanco Park. If a vehicle is struck by a baseball or softball, it is not covered by EYL insurance.

Accidents and Injuries - All managers should have a copy of an insurance accident report form in their medical box. Additional forms will be available at the Hanratty Complex field house. Injuries must be reported immediately to the team manager and a report filed, and sent to Bob Griffith, Insurance Coordinator. He will review the incident and submit the claim form to EYL's insurance provider (Bollinger Insurance). All claims must also be submitted to the family's primary insurance company. EYL's insurance is a secondary insurance on the claim.

Baseball & Softball Safety

(From: <http://www.cdc.gov/safeusa/sports/baseball.htm>)

To help your child avoid injuries while playing baseball or softball, follow these safety tips from the American Academy of Pediatrics, the Centers for Disease Control and Prevention (CDC), the Consumer Product Safety Commission, and other sports and health organizations. (Note: These tips apply to adult ball players, too.)

Tips for Preventing Baseball and Softball Injuries

1. Before your child starts a training program or plays competitive baseball or softball, take him or her to the doctor for a physical exam. The doctor can help assess any special injury risks your child may have.
2. **Make sure your child wears all the required safety gear every time he or she plays and practices.** Insist that your child wear a helmet when batting, waiting to bat, or running the bases. Helmets should have eye protectors, either safety goggles or face guards. Shoes with molded cleats are recommended (most youth leagues prohibit the use of steel spikes). If your child is a catcher, he or she will need additional safety gear: catcher's mitt, face mask, throat guard, long-model chest protector, and shin guards.
3. **If your child is a pitcher, make sure pitching time is limited.** Little League mandates time limits and requires rest periods for young pitchers.
4. Insist that your child warm up and stretch before playing.
5. Teach your child **not** to play through pain. If your child gets injured, see your doctor. Follow all the doctor's orders for recovery, and get the doctor's OK before your child returns to play.
6. Make sure first aid is available at all games and practices.
7. Talk to and watch your child's coach. Coaches should enforce all the rules of the game, encourage safe play, and understand the special injury risks that young players face. Make sure your child's coach teaches players how to avoid injury when sliding (prohibits headfirst sliding in young players), pitching, or dodging a ball pitched directly at them.
8. Above all, keep baseball and softball fun. Putting too much focus on winning can make your child push too hard and risk injury.